

THE
UNSTOPPABLE
YOU

LEARNING SESSION



**WHO WAS THE
FIRST LEADER YOU ADMIRED?**

ALEXWEBER

1

**GOAL
VISION**

WHAT DO YOU REALLY WANT?

NEXT LEVEL

DREAM

POSITIVE
PERSEVERENCE

POSITIVE ENERGY



TACTICAL



UNIVERSITY OF
MICHIGAN

"CONSISTENTLY IMPROVES PERFORMANCE."

ALEX  WEBER

POSITIVE ENERGY



TACTICAL



UNIVERSITY OF
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"CONSISTENTLY IMPROVES PERFORMANCE."



"INCREASES PRODUCTIVITY BY 13%"

ALEX  WEBER

POSITIVE ENERGY



TACTICAL



UNIVERSITY OF
MICHIGAN

"CONSISTENTLY IMPROVES PERFORMANCE."



"INCREASES PRODUCTIVITY BY 13%"



"ADD UP TO 12 YEARS TO YOUR LIFE."

ALEX WEBER 

LIFE TRUTH:

**PEOPLE DON'T SEE IT
UNTIL THEY SEE IT**





Alex Weber & Kent Weed
Host & Executive Producer, *Crashing The Course* (NBC.com) 5TH ANNUAL REALITY TELEVISION AWARDS
@RealityAwardsTV



1

**GOAL
VISION**

WHAT DO YOU REALLY WANT?

NEXT LEVEL

DREAM

PROFESSIONAL

- Role
- Milestone
- Impact
- Revenue/Income
- Fulfillment
- Next Level

RELATIONSHIPS

- Colleagues
- Clients
- Friends
- Family
- Loved Ones
- Romantic

PERSONAL

- How do you want to feel?
- Habits
- Aspirations
- Bucket List
- Desires
- Purpose/Meaning

Bravely share

1

UNSTOPPABLE ACTION-PLAN



I REALLY WANT _____

2

WHAT'S
STOPPING
YOU



WHAT IS **STOPPING** YOU?



WHAT IS STOPPING YOU?



2

WHAT'S
STOPPING
YOU

EXTERNAL & INTERNAL







2

UNSTOPPABLE ACTION-PLAN



I REALLY WANT _____

> BUT STOPPING ME IS _____

3

WHAT WILL **YOU** COMMIT TO?

ALEX
WEBER

WHAT THIS **COULD** MEAN

WHO NEEDS YOU?

WHAT THIS MEANS **NOW**

YOUR **GIFTS**



**MOTIVATIONS TO
COMMIT**

**YOUR
CHALLENGES
CREATE
YOUR GIFTS**

ALEX WEBER 

CHALLENGING

STRESSED

NEGATIVE

NO RESOURCES

NO TIME

BURNED OUT

COMPARING

DISENGAGED

SCARED



NOT CONFIDENT

JUDGEMENTS

OVER-COMMITTED

NOT GOOD ENOUGH

NERVOUS

EXHAUSTED

PRESSURES

ANXIOUS

UNQUALIFIED









**WHAT'S YOUR
UNSTOPPABLE
STORY?**



TACTICAL

FLOATS & ANCHORS



TACTICAL

FLOATS & ANCHORS



HABITS



REACTIONS



SELF-TALK



MINDSET



PEOPLE



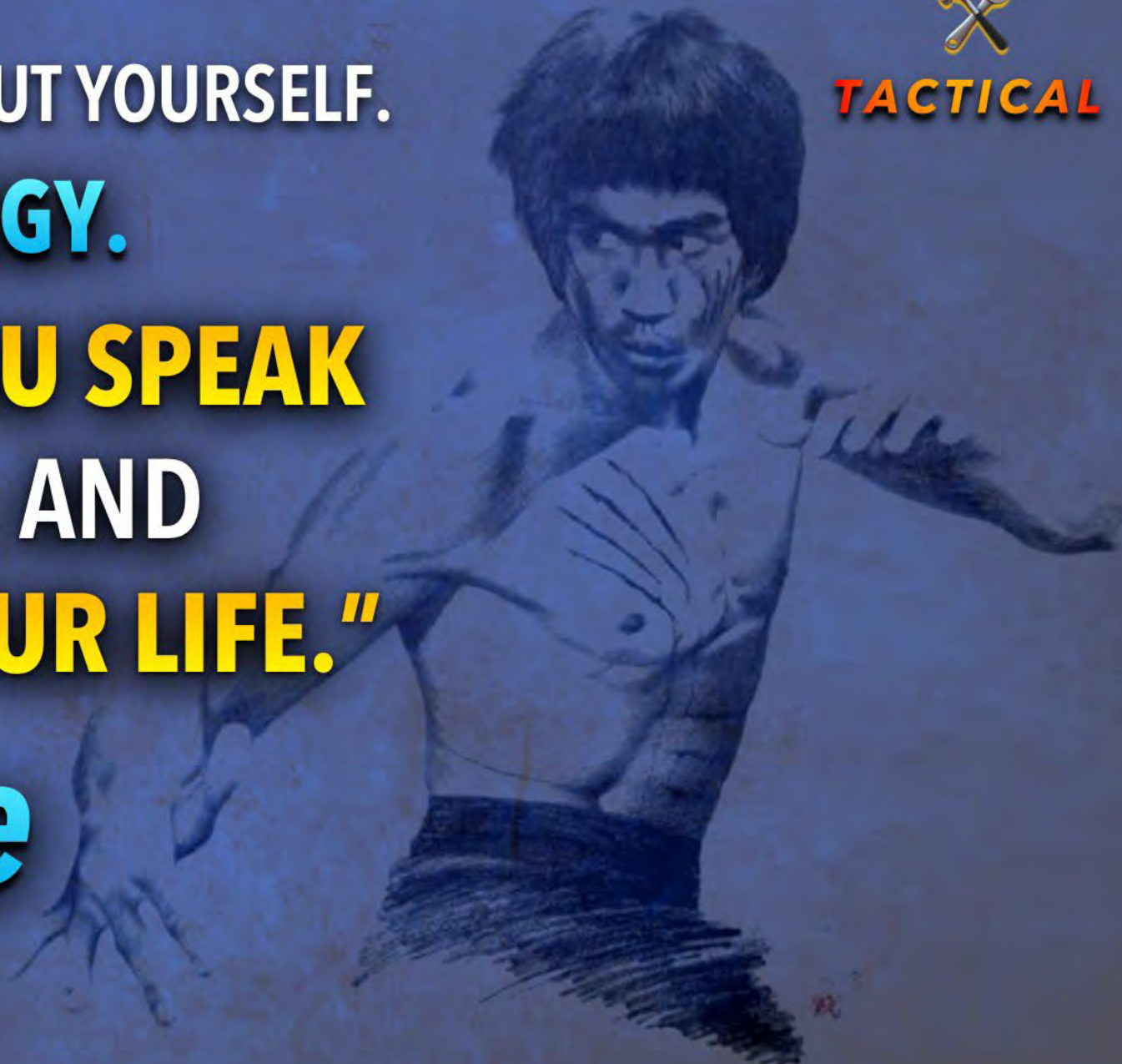
CHOICES


"DON'T SPEAK NEGATIVELY ABOUT YOURSELF.

WORDS ARE ENERGY.

**CHANGE THE WAY YOU SPEAK
ABOUT YOURSELF, AND
YOU CAN CHANGE YOUR LIFE."**

► *Bruce Lee*

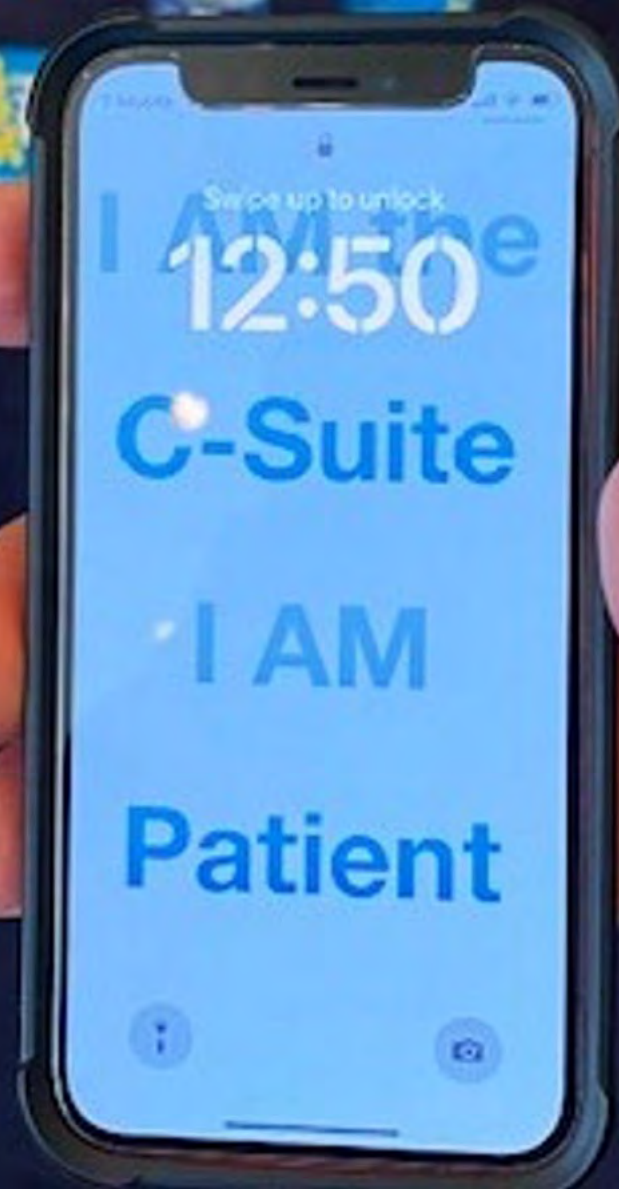




POSITIVE
I AM



TACTICAL





TACTICAL

FLOATS & ANCHORS



HABITS



REACTIONS



SELF-TALK



MINDSET



PEOPLE



CHOICES

WHAT'S YOUR BIGGEST FLOAT?

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EXERCISE



WHAT IS YOUR *CRITICAL* ANCHOR



WHERE ARE YOU HARMING YOURSELF?



**TOP
SPEAKER**
Smart meetings

**BEST ON
THE STAGE**
Smart meetings

ALEX WEBER



RECAP

You know what you *really* want,
what's stopping you, and
what you can do about it.



Fall Conference
IONL: 50 Years Strong!

RECAP

WILL YOU DO IT?

For you, and the people who need you.



Fall Conference
IONL: 50 Years Strong!

3

UNSTOPPABLE ACTION-PLAN



I REALLY WANT _____

> BUT STOPPING ME IS _____

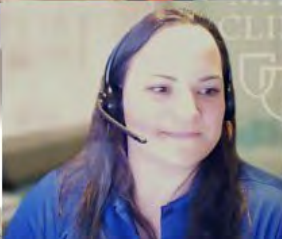
I COMMIT TO _____

Signed by YOU & Dated

HOW CAN WE BEST SUPPORT YOU?

Bravely share

THE UNSTOPPABLES



STRESSED

COMPARING

JUDGEMENTS

DRAINED

OVER-COMMITTED

NEGATIVITY

NERVOUS

UNDER-QUALIFIED

NO TIME

CHOOSE YOU

PRESSURES

BURNED OUT

SCARED

NO CONFIDENCE

HECTIC

ANXIOUS

NO RESOURCES

EXHAUSTED

UNSKILL



**FLOATS
RESOURCE**



CONNECT

ALEX WEBER
ALEX@IMALEXWEBER.COM
@IMALEXWEBER



LEADERSHIP PILLARS

CLEAR	1...2...3...4...5...6...7...8...9...10
CARING	1...2...3...4...5...6...7...8...9...10
CURIOUS	1...2...3...4...5...6...7...8...9...10
CONFIDENCE	1...2...3...4...5...6...7...8...9...10
COMMITTED	1...2...3...4...5...6...7...8...9...10
CULTURE	1...2...3...4...5...6...7...8...9...10
CONGRUENT	1...2...3...4...5...6...7...8...9...10
CULTIVATING	1...2...3...4...5...6...7...8...9...10
COURAGEOUS	1...2...3...4...5...6...7...8...9...10